

## Health and Wellness Committee Meeting Agenda

Botelle Board Room  
February 4, 2020  
2:45 PM

### AGENDA ITEMS:

1. Update on Brooker Memorial dental screenings/cleanings, and survey.
2. Review/Revise Health and Wellness Policy for possible update.
3. Discuss considering healthier choices that align with the Health and Wellness Policy by faculty, staff and students. Discuss sharing healthy recipes, or other ideas such as an international week with different healthy dishes, or perhaps a healthy eating month. Discuss providing a healthy recipe in the newsletter.
4. Review current menu selections and number of children who have the school lunch. Review how successful the smoothies have been.
5. Update on Lions club vision screening and need for eye glass drive.
6. Update on Kids Heart Challenge and after school kids yoga program.
7. Let's welcome kitchen staff Kelly Groover who has joined the Health and Wellness Committee.

### ACTION ITEMS

### PERSON(S) RESPONSIBLE

- 1.
- 2.
- 3.

### TOPICS FOR NEXT AGENDA