

Health and Wellness Committee
Botelle School
November 12, 2019- Minutes

Present: Mary Beth Iacobelli, Caitlin Chabot, Winter Thorne-Kaunelis and Carolyn Childs

Absent: Lauren Valentino and Rene Ayers, RN

The meeting convened at 2:52pm. Dr. Iacobelli chaired the meeting.

The committee needs another member, one who is a parent with children at the school. Mary Beth will ask someone who probably will be interested in being on the committee.

The committee will review the current Health and Wellness policy for possible update.

Updates: The new bus drop off/pick up down by the cafeteria door is going well. The cafeteria has a new manager and doing well. The suggestion for offering smoothies is also well received. We will update the number of children who have the school lunch. We will also review the current menu selections. We will start posting a healthy recipe once a month in the school newsletter. Carolyn will provide the first.

The committee agreed the Brooker Memorial dental screenings are needed.

Two (2) new action items were identified. We will consider a healthy food night and poll the parents for issues on health they may be interested in. We can do this through the newsletter.

The meeting adjourned at 3:15pm. The next meeting is December 3rd at 2:45pm.

Respectfully submitted,

Carolyn Childs, recorder