

Health and Wellness Committee Meeting Agenda

Botelle Board Room
March 3, 2020
2:45 PM

AGENDA ITEMS:

1. Approval of previous meeting minutes.
2. Review and discuss Brooker Memorial meeting minutes from 2/13/20. Discuss the need for dental program here at the school.
3. Continue to Review/Revise Health and Wellness Policy for possible update, discuss reviewed federal guidelines on healthy nutrition in the school setting.
4. Discuss considering healthier choices that align with the Health and Wellness Policy by faculty, staff and students. Discuss sharing healthy recipes, or other ideas such as an international week with different healthy dishes, or perhaps a healthy eating month. Discuss providing a healthy recipe in the newsletter.
5. Review current menu selections and number of children who have the school lunch. Review how successful the smoothies have been.
6. Lion's club- need for eye glass drive.
7. Update on Kids Heart Challenge how successful was the challenge.
8. Update on after school kids yoga program will there be a program offered?