

Health and Wellness Committee, Botelle School
Meeting Minutes

Botelle School Hall of Flags
September 8, 2020
3:30pm

Present: Caitlin Chabot, Virginia Coleman-Prisco, EdD, Donna Rubin, Lauren Valentino
Absent: Keondra Dillard, RN, Mary Beth Iacobelli, EdD,

Call to order at 3:35pm

AGENDA ITEMS:

1. The committee will continue to Review/Revise Health and Wellness Policy for possible update & discuss reviewed federal guidelines on healthy nutrition in the school setting in Fall 2020. Due to COVID, the process has been delayed. The committee will also review
 - a. Rewards
 - b. Wellness policies (state & local)
 - c. Healthy snacks
 - d. Social distancing/ lunch room

We will revise and wait to see if CT DoE has any new requirements for the 20/21 AY. Will present revised policy to the Board at November's Meeting.

Staff & students have been trained and aware of new COVID mandates & requirements. All is going well so far. Nurse Dillard is keeping all information organized and in one place.

2. Follow up on the status of Brooker Memorial's program.

ACTION ITEMS

PERSON(S) RESPONSIBLE

1. CHANGE MEETINGS FROM Tuesday afternoons to wed or thurs am. (Lauren & Virginia)
2. Health & wellness policy to review, present to board by end of year (All members).
 - a. Food as rewards. Remind staff.

- b. Healthy snacks getting put into the student handbook.
 - c. Social distancing in the lunchroom is going well. Siblings sitting near each other.
3. K. Dillard is following up with Brooker b/c not allowing visitors. Options?: maybe students can go to them or they can do a recorded ed component.

TOPICS FOR NEXT AGENDA

- 1. What is this committee's role going forward? Regulations and policies?
- 2. Get parent's perspectives. Look at last survey and see if we can follow up on it.