

Health Guidelines

In the interest of your child's health and the health of others please cooperate in observing the following:

If your child must be absent from school please call the nurse at 860-542-5286 with the reason for the absence before 9:30 a.m. each day.

Report all contagious diseases to the nurse.

If your child has a fever, please keep him/her home until they are temperature free (without "Tylenol" or "Motrin") for 24 hours.

If your child has vomiting or is experiencing diarrhea, please keep him/her home until they are symptom free and able to tolerate a regular diet for 24 hours.

Children diagnosed with strep throat or conjunctivitis (pink eye) should stay home until they have been on a doctor-prescribed antibiotic for 24 hours.

Students with undiagnosed skin rashes (other than poison ivy) should visit their physician for diagnosis and treatment.

A parent's or doctor's note should be provided for any exclusion from physical education. Please keep in mind students with casts, splints, or sutures are not allowed to participate in gym class or on playground equipment. Head lice can be an occasional problem in schools. Please check your child's head periodically at home and notify the school nurse if head lice or nits are found.

Children with special health needs should be brought to the attention of the school nurse. This information is kept confidential and can be very important to a successful experience in school. Examples of such needs are as follows:

- ALLERGIES, especially those that could be life-threatening such as a SEVERE FOOD ALLERGY or BEE STING ALLERGY
- Conditions that may affect your child's health/safety such as diabetes, epilepsy, asthma, heart disease, etc.
- Vision, hearing, or speech difficulties
- Please keep the school nurse updated regarding changes in your child's health or medical care.